

STEP EIGHT

life and infect the lives of those around us. Ongoing resentment and anger creates an unhealthy and abnormal emotional focus for our lives. This negative focus impacts and distorts all our other relationships including our relationship with God.

- 20 In fact, it is both a psychological and spiritual law that the more we become obsessed with *someone else's* character defects and harmful behaviour the more we will become like that person because of our obsession and pre-occupation. See God Help Me

Stop pages 52 & 53

- 21 We then start to "reap" that very same judgement in our lives. To clarify this point it may be helpful to review the teaching on *boundaries* in session two.

.....It is clear enough, isn't it, that we are sinners, every one of us, in the same sinking boat with everyone else? Our involvement with God's revelation does not put us right with God. *What it does is force us to face our complicity in everyone's sin.* {Romans 3:19 The Message}



Do not judge, and you will not be judged; do not condemn, and you will not be condemned; pardon, and you will be pardoned; give, and gifts will be given to you. Good measure, pressed and shaken down and running over, will be poured into your lap; for whatever measure you deal out to others will be dealt (back) to you in turn. Luke 6:37-38 REB

STEP EIGHT

Step Eight Related Scriptures

We made a list of all persons we had harmed, and became willing to make amends to them all.

- 1 Scriptures which speak of the importance of our willingness to make amends to the people we have harmed.



Matthew 18:21-35
Luke 6: 37 & 38
Luke 19:8
John 13:34 & 35

1 Corinthians 13
2 Timothy 1:7
James 4:11 & 12

- 2 "The Elijah Task ": preparing for reconciliation

Malachi 4:5-6
Isaiah 40:3-4
Matthew 11:12-14

Matthew 3:1-4 & 10-11
Mark 9:12-13
Luke 1:17 & 76-7

- 3 Managing our relationships in the light of God's love.

Matthew 7:3-5
Matthew 7:12
Luke 6:31
Luke 6:27-31
Mark 11:25-26

1 John 4:11-12
Romans 2:1
Ephesians 4:32
Romans 15:1-3
Matthew 6:14-15