

STEP FIVE:

WE ADMITTED TO GOD,
TO OURSELVES,
& TO ANOTHER HUMAN BEING
THE EXACT NATURE OF OUR WRONGS.

Therefore confess your sins to one another,
and pray for one another,
that you may be healed. {James 5:16}

During the Week

Most existing Twelve-Step fellowships are not **higher power specific** and address only *one symptom* of the sin-disease such as:

alcoholism
drug addiction
compulsive gambling
compulsive overeating
compulsive overspending
sexual compulsions

Alcoholics Anonymous
Narcotics Anonymous
Gamblers Anonymous
Overeaters Anonymous
Debtors Anonymous
Sex and Love Addicts Anonymous